



Aikido Seminar and Kyu Tests

in honor of the

5th anniversary of

Aikido of Franklin Park

May 31st 2008, Altoona

Instructors

Sensei Jack Simpson, 4th Dan
chief instructor of Western Maryland Aikikai

Sensei Yoram Vodovtz, 4th Dan
chief instructor of Aikido of Franklin Park

Date and Location

Saturday May 31st, 2008.

Allegheny Aikikai Aikido
514 East Pleasant Valley Blvd., Altoona, PA
(814) 942-3305
www.AlleghenyAikikai.org

Class and Fee Schedule

The seminar will begin at 10:30AM and be over by 4:30PM. See the web site for more details.

\$20 for the day (includes lunch)

Directions from D.C.

1. Take 270 north to Frederick.
2. When you get to Frederick, get on I-70 west towards Hagerstown. Stay on I-70 west for about 1.5 hours until you come to a stoplight in Breezewood. (You don't need to exit; the freeway just ends.)
3. Follow the signs for the PA turnpike (turn right at the light), and get back on I-70 west after you get a ticket at the booth.
4. Take the first exit off of the turnpike, which is Bedford. You only stay on the turnpike for a few miles. (Don't miss the Bedford exit! The next exit is about 40 miles further on.)
5. Turn left at the light just past the toll booth in Bedford. Take another left a few blocks up to get on I-99 north.
6. Stay on I-99 north for about 35 miles and take the 17th street exit in Altoona.
7. Turn right at the first major intersection onto Valley View Blvd.
8. Valley View Blvd. will become Pleasant Valley Blvd. Allegheny Aikikai is about 2 miles north of 17th street in the Rose Hill Plaza, on the lower level behind the karate school.

